



WHAT IS PALLIATIVE CARE?

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Disclosures

No relevant financial relationships
to disclose

The Coalition for Compassionate Care of California

MISSION: to promote high-quality, compassionate care for everyone who is seriously ill or nearing the end of life

VISION: to create a community where people explore their wishes for care toward the end of life, express these wishes, and have their wishes honored

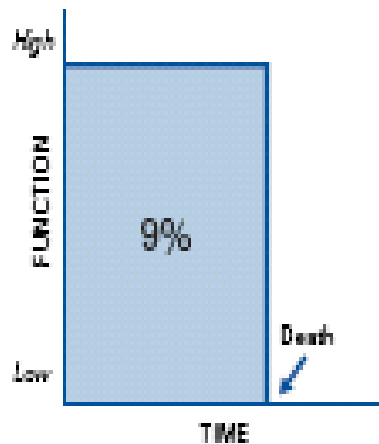
GOAL: to transform healthcare so that medical care is aligned with individual patient's preferences – that people get the care they need and no less, and the care they want and no more

Palliative Care

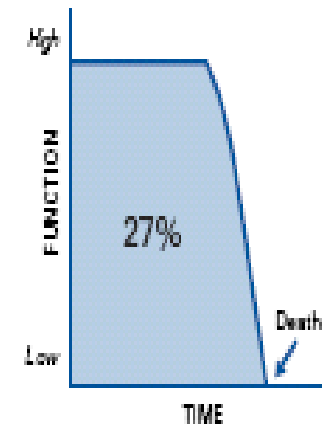
- Specialized medical care for people with **serious illnesses**
- **Relieves symptoms, pain, and stress** of a serious illness—whatever the diagnosis
- Improves quality of life for **both the patient and the family**
- Provided by a **team** of doctors, nurses and other specialists who provide an extra layer of support
- Appropriate at **any age** and at **any stage** in a serious illness along with curative treatment

What Does the Final Phase of Life Look Like?

SUDDEN DEATH

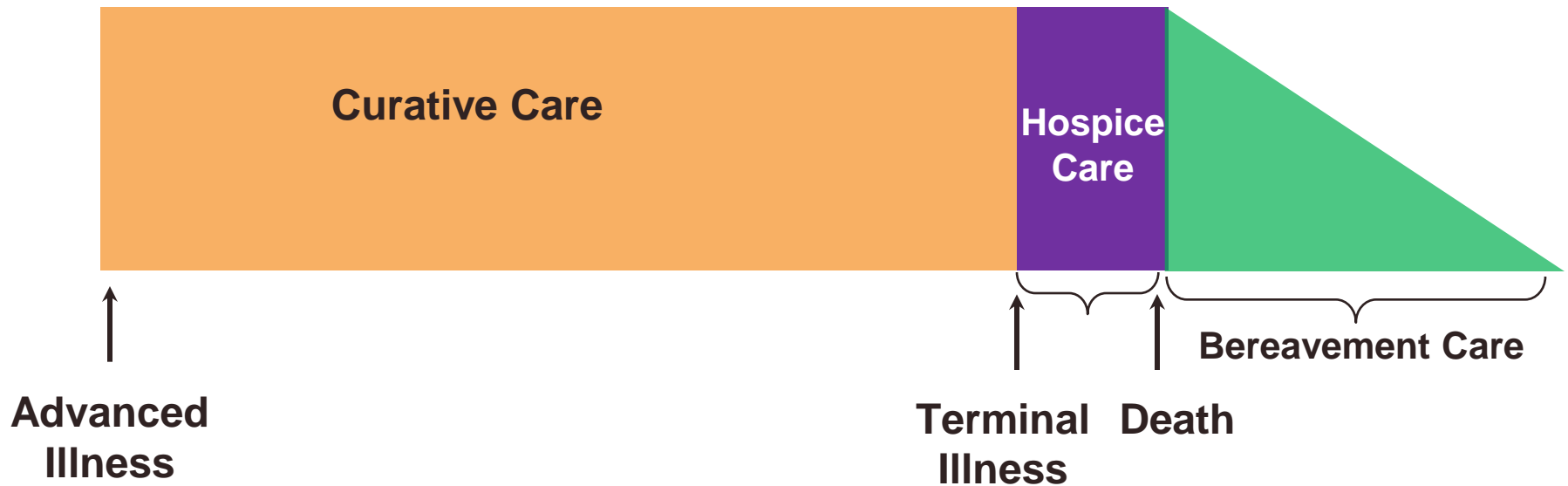


TERMINAL ILLNESS



Sources: Lunney et al, *Patterns of Functional Decline*; Chen, *End of Life Models*; Center for Health Statistics, *Death Statistical master file (2004)*

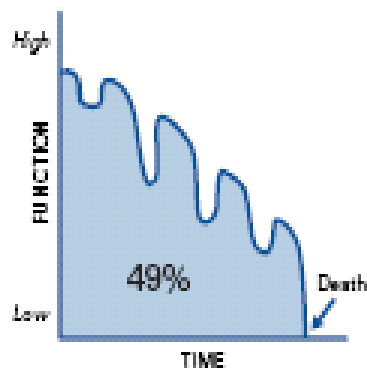
Hospice Care



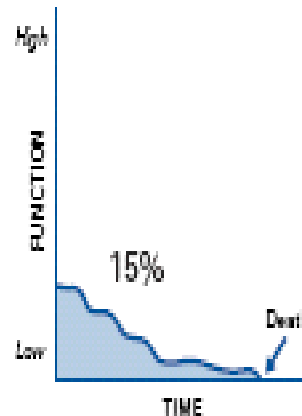
Developed by California Health Care Foundation. Source of data: 2010 Medicare Fee For Service Claims Data.

What Does the Final Phase of Life Really Look Like?

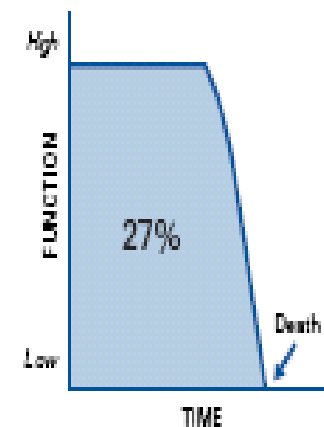
ORGAN FAILURE



FRAILITY

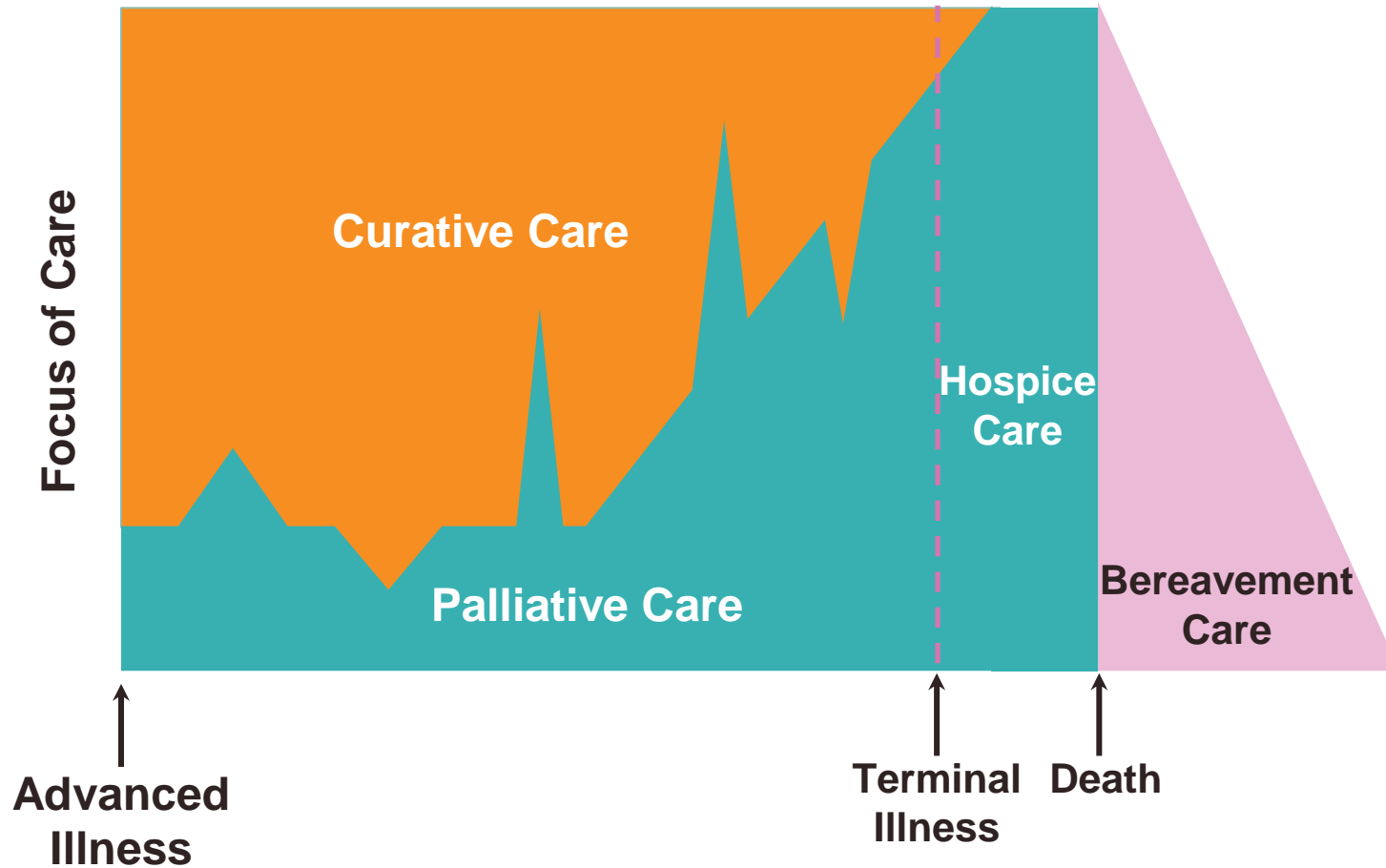


TERMINAL ILLNESS



Sources: Lunney et al, Patterns of Functional Decline; Chen, End of Life Models; Center for Health Statistics, Death Statistical master file (2004)

Palliative Care



Major Components of Palliative Care

- Prevention, early identification, comprehensive assessment and management of **physical issues**, including pain and other distressing symptoms, **psychological distress**, **spiritual distress** and **social needs**.
- Support to help patients **live as fully as possible**
- By facilitating **effective communication** and helping to determine **goals of care**
- Provides **support to the family and caregivers** during the patient's illness and in their bereavement
- Delivered recognizing and respecting the **cultural values and beliefs** of the patient and family

Major Components of Palliative Care

- Provided in **conjunction with disease modifying therapies**
- **Starts at the point of diagnosis** of a serious illness
- Applicable **throughout** the course of an **illness**, according to the patient's needs



Palliative

Hospice

EOL

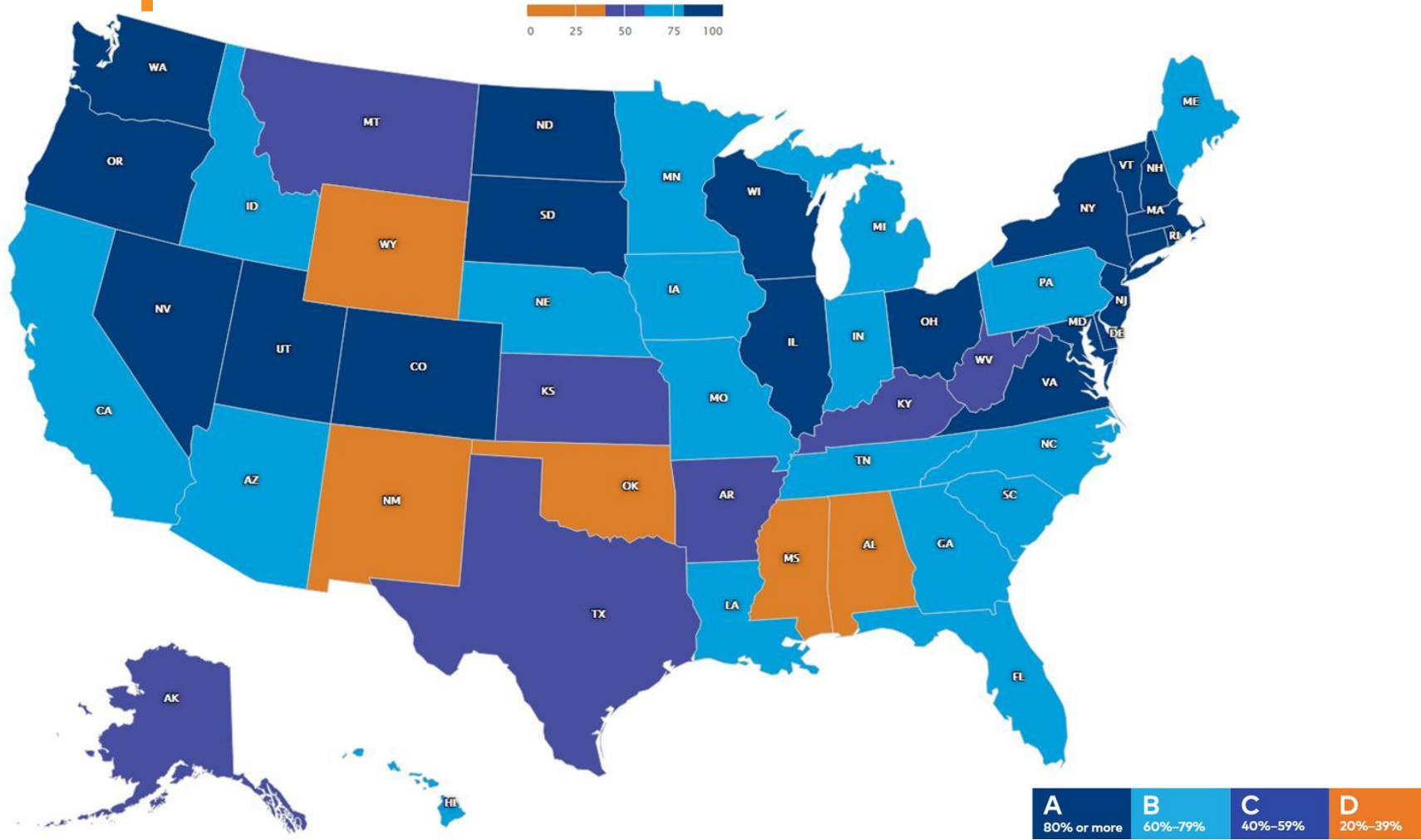
How is Palliative Care Delivered

- **Primary Palliative Care**
 - Can be provided by professionals with basic palliative care training
- **Specialty Palliative Care**
 - Requires specialist palliative care with a multi-professional team for referral of complex cases

How is Palliative Care Delivered

- **Hospital Based**
 - Generally operates as consult service
 - Sometimes specific beds or unit
- **Community Based**
 - In the home
 - Provided by a team
- **Clinic Based**
 - Embedded within specific clinic, such as cancer clinic

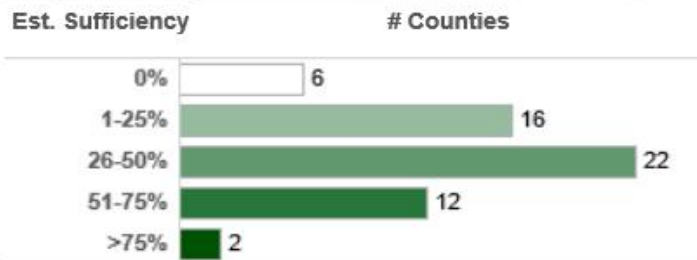
Hospital-based Palliative Care



Source: State by State Report Card, Center to Advance Palliative Care (CAPC)

Estimated Community-Based PC Sufficiency

Community-Based PC Capacity as % of Need



Source: California Health Care Foundation (CHCF)

California Initiatives

Community-Based Palliative Care

- Medi-Cal / SB 1004
- California Advanced Illness Collaborative (CAIC) Consensus Standards
- Pediatric Palliative Care
 - Partners for Children
 - SB 1004

What to Expect

Services

- Conversation about disease trajectory, side effects, what to expect
- Plan of Care regarding palliative needs
- Services consistent with plan

If you want Palliative Care

- You may need to ask for it



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